

HIGHLINE

July 2024

Vol. 30, No. 7

From the President's Pen

By Kathy Sherer

The next membership meeting on **July 27** will NOT be at the Grange. Instead, a special horseshoeing demo clinic will be held in the parking area of the Durango Cowboy Church. See all the details on page 2 of this newsletter.

Our free or discounted clinics are for members only, however, this special clinic is open to the public. If you would like to join 4CBCH to receive the discounted price, go to www.4cbch.org. To reserve a spot in this once-in-a-lifetime clinic, go to page 2.

East Creek Trail Maintenance July 13th

By Jon Sherer

We will meet at 9:00 AM at the East Creek trailhead on Saturday, July 13th. This project can accommodate (and needs) lots of people and doesn't require horses, so come one and all!

We will be building check dams on the first 50 yards of the trail that is highly eroded. If you have a shovel or pick axe, bring it along. Of course, wear gloves and sunscreen, boots, long pants and long sleeves. Pack a lunch and bring plenty of water.

Directions to the trailhead: Take CR 501 to Vallecito. At the base of the dam, turn right onto CR 501A and drive along the back side of the lake. You will pass 3 Forest Service campgrounds. Just about 50 yards past the third one (North Canyon Campground) is a road to the right (Forest Service Road 852). Take it about a quarter mile to the trailhead.

We really need your help to restore this beautiful trail.

4CBCH Summer Picnic

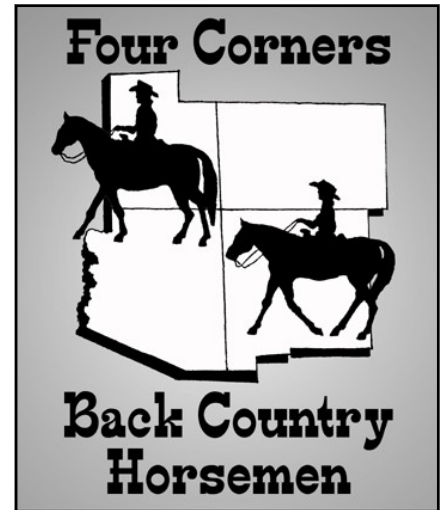
Join your friends under the pavilion in Eagle Park
(next to Bayfield Town Hall)

Saturday, July 20, Noon to 3:00 PM

Bring a dish to share

4CBCH will provide meat & drinks

RSVP to Kathy at jksherer1@outlook.com by 7/18/24



Next Membership Meeting

Thursday, July 27
Polymer Horseshoe
Demonstration
details on page 2



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Contact the editor:

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Hoof Biomechanics & Orthotics for Performance and Longevity

Sponsored by Four Corners Back Country Horsemen

Saturday, July 27, 3-5 PM

Cowboy Church parking lot, 1867 Hwy. 172, Durango, CO

FEATURING LIVE DEMOS WITH:

Michael Steward, DVM from Shawnee, Oklahoma

- World-renowned veterinarian
- Pioneer of biomechanical approaches to hoof health
- Designer of the Steward Matrix Clog developed in collaboration with Emerald Lake Horseshoe Company

Tyler Raymer, official farrier for the *Tryon International Equestrian Center*

- Glue-on shoe specialist
- Horse performance/movement expert
- Designer of the Elos glue-on shoe developed in collaboration with Emerald Lake Horseshoe Company

Matt Lawlor, owner/operator of Emerald Lake Horseshoes in Durango, Co.

- Inventor of the formula for the polymer shoe used by these experts
- Formula designed to recreate the strength, toughness and durability of the natural hoof while allowing it to flex and absorb shock
- Demonstrating the application of nail-on polymer horseshoes



\$25 for 4CBCH Members
(join now at www.4cbch.org)

\$55 for Non-Members

Registration & prepayment required

[CLICK HERE](#)



DATES AT A GLANCE
FIND DETAILS IN THE NEWSLETTERS!



EAST CREEK TRAIL PROJECT ~ July 13

4CBCH ANNUAL PICNIC ~ July 20

COLO TRAIL PACKING I ~ July 22-24

POLYMER HORSESHOE DEMO ~ July 27

SUZY BOGGUSS IN CONCERT ~ August 9

COLO TRAIL PACKING II ~ August 16-18

UPPER HERMOSA PACKING ~ September

DGO COWBOY GATHERING ~ October 2-6



Meet Bourbon! This awesome boy is a 3-year-old male Retriever mix. He would make an excellent family adventure dog with a home that is non-chaotic and active.

He is very intelligent and picks up on tricks and cues quickly, and will become your best friend. Bourbon is a big playful teddy bear that is looking for his fur-ever home!

Call 970-259-2847 and schedule an appointment to meet with Bourbon.



National Mustang Association of Colorado fundraiser to rescue Mesa Verde feral horses
 Silent Auction, Thursday, July 11, 5PM
 Parking lot on Main
 between Grassburger and Hermosa Café

Membership Dues Increase

By Larry Zauberis

The Board of Directors is recommending increasing 4CBCH dues to \$40 for single and \$50 for family memberships in response to increases passed by the Back Country Horsemen of America and Back Country Horsemen of Colorado. Members will vote to approve this increase at the membership meeting on September 19, 2024.

At the Back Country Horsemen of Colorado Board meeting on June 15, the Board unanimously voted to:

- Accept and pass on to the chapters a BCHA dues increase of \$5 for all membership types. This increase was passed at the National Board Meeting in April.
- Increase the dues paid to BCHCO by the chapters by \$2 for Single and \$3 for Family.
- These increases will take effect January 1, 2025.

The board believes the increase of member dues is necessary because the current rate of \$30 single and \$40 family will not support the 4CBCH operational expenses. The increase will require 4CBCH to pay \$27 for single and \$33 for family for BCHA and BCHCO dues. 4CBCH is proud that we have not increased our membership dues since 2008, however, we now find that we have no choice.

The Board of Directors has also developed a new protocol to facilitate on-line membership applications which requires a change to the 4CBCH Bylaws. With this change, membership applications paid after October 1st will no longer be applied to the following year. Instead, memberships will expire one year after dues have been paid.

The board recommends that Article III, Section 3 of the Bylaws be amended to delete "*Membership paid after October 1st will be credited to the following year*" and be replaced by "*Memberships expire one year after the payment of dues.*" The members will be asked to vote on this change at the September 19th membership meeting as well.

Learning about proper saddle fit on June 20th



Thank you to saddle makers Lisa and Loren Skyhorse for letting us pick your brains!

Neither hail, nor lightning, nor dark of night stopped 40+ members from attending this super informative clinic. The proper design makes for the proper fit!



SUZY BOGGUSS *IN CONCERT!*

With special guests
Tim Sullivan Band

Presented by



GRAMMY AWARD-WINNER

Friday at the Fair August 9

La Plata County Fairgrounds Rodeo Arena



Tickets at:
laplatacountyfair.com



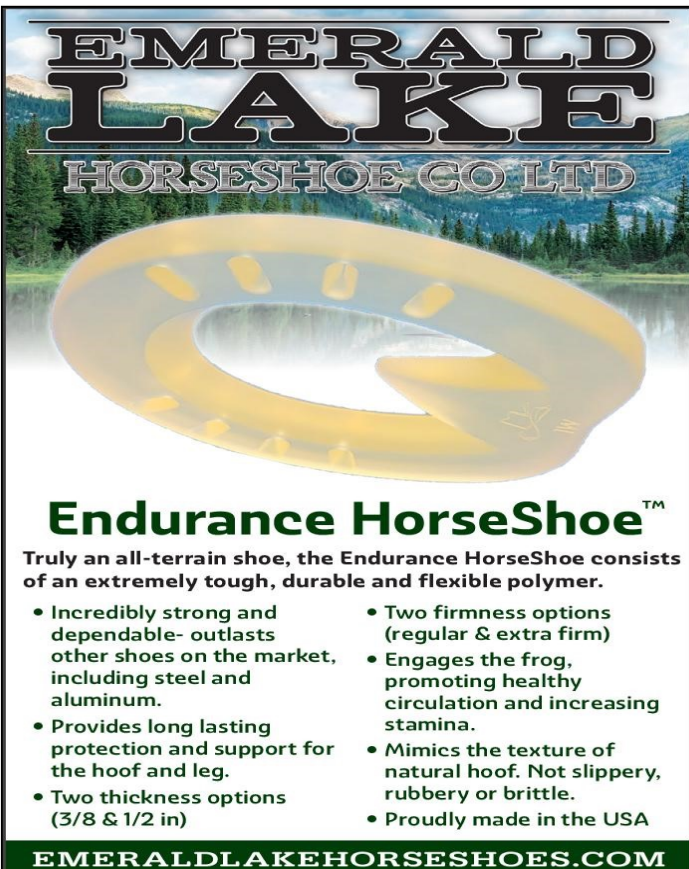
TYING-UP by Dr. Kellon, VMD posted on June 23, 2024

Tying up is not a specific disorder with one specific cause. It is a collection of symptoms that may have several different causes. ***A hallmark of all types of tying up is that the symptoms are caused by exercise and become evident during exercise.*** The typical progression is that the horse begins to feel “rough”, with altered gaits, shortening of stride (especially behind), and increased sweating. The horse will slow down and eventually stop. The horse is obviously in pain with high pulse, respiratory rates and sweating. Muscles feel very hard to the touch, especially in the hindquarters and pectorals. Once stopped, the horse is very reluctant to move. There is little or no interest in eating or drinking. When the horse urinates (which may be a while), urine may have a reddish brown discoloration. Laboratory analysis confirms tying-up by elevated muscle enzymes.

Overexertion is an underestimated cause of sporadic tying up. Poorly conditioned horses that are overworked are most prone to this, as are horses in a conditioning program that fool their conditioners into thinking they are fitter than they are. During the process of the conditioning program, muscles increase their stores of carbohydrate (in the form of glycogen), increase the density of capillaries supplying the muscle with blood, increase activity of enzyme systems involved in utilizing fat and carbohydrate as energy, and increase the number of mitochondria in the cells.

Closely tied to both good hydration and normal muscle function is mineral status. Electrolytes are minerals present in the blood in their free and charged/ionized form. The most important for muscle function are sodium, chloride, potassium, calcium and magnesium. Sodium, chloride and potassium are responsible for holding water in the tissues and cells, and calcium is needed for the release of acetylcholine from nerve ends which triggers muscle contraction. Magnesium regulates calcium release and is needed to store ATP which powers both contraction and reuptake of calcium. Of all these minerals, sodium is the one that is always deficient in the natural diet in the form of salt.

Get a free nutrition consultation from the experts at: <https://madbarn.com/nutrition-consultation/>



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Shannon Cruise, PTA

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ohanaphysicaltherapydurango.com



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THAT SUPPORT 4CBCH**

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property?**



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970-759-5033**

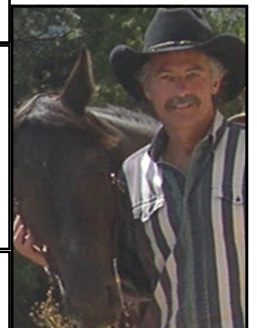
Equestrian Specialist



JON SHERER

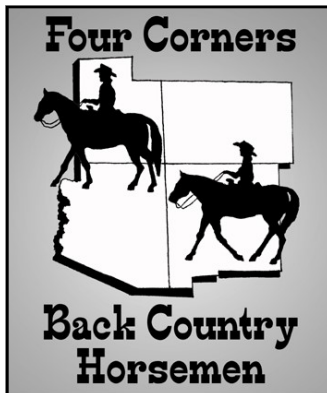


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www.4cbch.org



P.O. Box 3521
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Our Mission Statement:

1. To perpetuate the commonsense use and enjoyment of horses in America's back country and wilderness.
2. To work to ensure that public lands remain open to recreational stock use.
3. To assist the various government and private agencies in their maintenance and management of said resource.
4. To educate, encourage, and solicit active participation in the wise use of the back country resource by horsemen and the public commensurate with our heritage.
5. To foster and encourage the formation of new state Back Country Horsemen organizations.

Please report your volunteer hours!

Go to www.4cbch.org and click on "Volunteer"
or contact Cindy at morincindy7@gmail.com

REMEMBER . . .

You can now pay your dues
online at 4cbch.org.

AND

A valid hunting or fishing license is
necessary in order to access any land
leased by Colorado Parks and Wildlife.
They can be purchased online at
cpw.state.co.us.